

# CITY OF SUNNYVALE REPORT Administrative Hearing

April 26, 2006

SUBJECT:

2006-0145 - Kathy Ung [Applicant] Victor C Bellomo

**Trustee & Et Al** [Owner]: Application on a 25,265 square-foot site located at **775 East El Camino Real** in a C-2/PD (Highway Business/Planned Development) Zoning District.

Motion

Special Development Permit to allow a weight loss and

exercise center.

#### REPORT IN BRIEF

**Existing Site Conditions** 

La Hacienda Shopping Center

**Surrounding Land Uses** 

North

High density apartments

South

Across El Camino Real, shopping center

East

Across Linden Ave, medium and high density

apartments

West

Commercial center

Issues

Use

**Environmental** 

Status

A Class 1 Categorical Exemption relieves this project

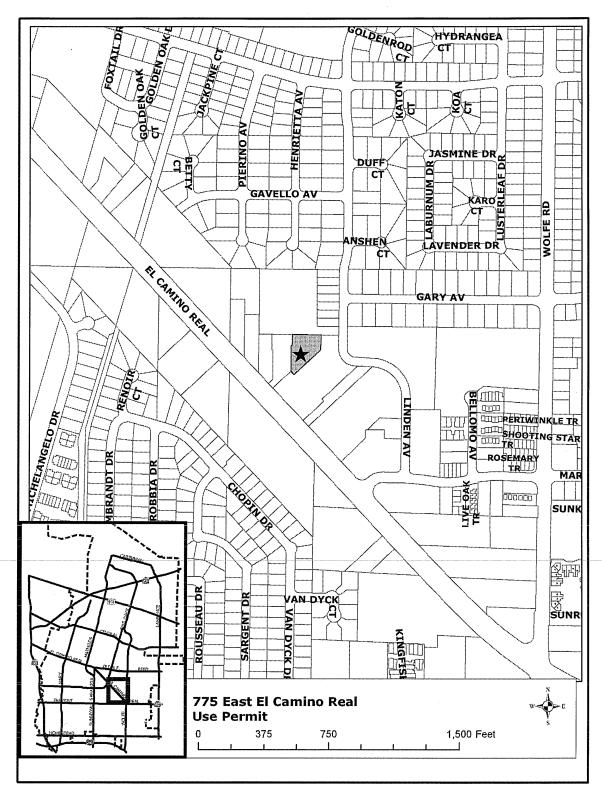
from California Environmental Quality Act provisions

and City Guidelines.

Staff

Approve with Conditions

Recommendation



Note: La Hacienda Shopping Center includes multiple parcels; map indicates only location of proposed use.

#### PROJECT DATA TABLE

	EXISTING	PROPOSED	REQUIRED/ PERMITTED
General Plan	Commercial General Business	Same	Commercial General Business
Zoning District	C-2/PD	Same	C-2/PD
Lot Size (s.f.)	50,000	Same	No min.
Gross Floor Area of Shopping Center (s.f.)	92,999	Same	Per SDP
Gross Floor Area of Fitness Facility (s.f.)	3,075	Same	
Maximum Number of Customers & Staff	30 (existing use)	30	
Parking			
Total Spaces	626	Same	Per SDP
Standard & Compact Spaces	613	Same	Per SDP
Accessible Spaces	13	Same	Per SDP
Covered Spaces	0	Same	Per SDP

#### **ANALYSIS**

## **Description of Proposed Project**

The proposed project will use the space as a weight loss center for women, including counseling, exercise instruction, and retail sales of pre-packaged food.

The instruction and guidance is part of a three phase program which includes:

- Phase I: one-on-one counseling and support for menu planning and review, behavior modification lessons, and motivation. Women are encouraged to attend three one-hour classes per week. The maximum number of clients per class is 12 students and up to two staff members.
- Phase II: involves small class work, with up to six students and one instructor, for figure shaping and toning. The classes will range from 45 to 60 minutes, and will take place in a room with toning tables.

**Site Layout:** The 3,075 square foot unit is located in a small upstairs section of La Hacienda Shopping Center, which is a large retail complex covering 6 separate parcels. The existing uses at La Hacienda Shopping Center include a large grocery store (Safeway), a large pharmacy (Rite Aid), a video rental store (Blockbuster Video), and a restaurant (Marie Callendar's), in addition to 16 other smaller stores that range from restaurant to retail.

**Parking:** The subject site is located within La Hacienda Shopping Center, consisting of only 3.3% of the gross floor area of the full Shopping Center. As the subject site is less than 10% of the total site, the site is treated as though it were part of the uses occupying ninety percent or more of the total floor area (SMC 19.46.020(b)); thus, no additional parking analysis is required for this site and parking is determined to meet Code requirements.

Further, the primary concern with parking impacts involves concurrent high-volume uses, typically restaurant use. However, the hours of operations do not overlap with lunch time use of the site, which mitigates the potential impact on parking in the early afternoon.

### **Transportation Impact Fee**

As the anticipated traffic impact had been included in the initial site development plan, no Transportation Impact Fee will be assessed.

## **Compliance with Development Standards**

The project complies with all applicable development standards. The Zoning Code requires that educational and recreation uses located in retail establishments not disrupt the flow of pedestrians between retail establishments; the proposed project meets this requirement.

## **Expected Impact on the Surroundings**

Staff was initially concerned that this project may result in minor parking impacts. Due to the volume of parking on the site and the limited hours of operation, staff does not believe there will be a negative impact on the surrounding tenants or properties.

## Fiscal Impact

No fiscal impacts other than normal fees and taxes are expected.

#### **Public Contact**

Notice of Public Hearing	Staff Report	Agenda
<ul> <li>Published in the Sun newspaper</li> <li>Posted on the site</li> <li>5 notices mailed to property owners and residents adjacent to the project site</li> </ul>	<ul> <li>Posted on the City of Sunnyvale's Website</li> <li>Provided at the Reference Section of the City of Sunnyvale's Public Library</li> </ul>	<ul> <li>Posted on the City's official notice bulletin board</li> <li>City of Sunnyvale's Website</li> </ul>

#### Conclusion

**Discussion:** The proposed use is compatible with the overall use intent of the site and is not expected to result in a negative impact on parking.

**Findings and General Plan Goals:** Staff was able to make the required Findings based on the justifications for the Special Development Permit. Findings and General Plan Goals are located in Attachment A.

**Conditions of Approval:** Conditions of Approval are located in Attachment B.

#### **Alternatives**

- 1. Approve the Special Development Permit with attached Conditions.
- 2. Approve the Special Development Permit with modified Conditions.
- 3. Deny the Special Development Permit.

# Recommendation

Alternative 1.

Prepared by:

Jamie McLeod Project Planner

Reviewed by:

Steve Lynch Associate Planner

### Attachments:

- A. Recommended Findings
- B. Recommended Conditions of Approval
- C. Site and Architectural Plans
- D. Letter from the Applicant

### Findings - Special Development Permit

1. The proposed use attains the objectives and purposes of the General Plan of the City of Sunnyvale as indicated below.

## Land Use and Transportation Element

Policy N1.4 Support the provision of a full spectrum of public and quasipublic services that are appropriately located in residential, commercial and industrial neighborhoods and ensure that they have beneficial effects on the surrounding area.

The proposed project would provide additional recreation opportunities for the Sunnyvale community. This use is appropriately located in a commercial shopping center that serves as a neighborhood center.

### Land Use and Transportation Element

Policy C.4.1.3 Promote commercial uses that respond to the current and future retail service needs of the community.

The proposed project would provide additional recreation opportunities for the Sunnyvale community.

#### Socio-Economic Element

Policy 5.1C.4 Promote business opportunities and business retention in Sunnyvale.

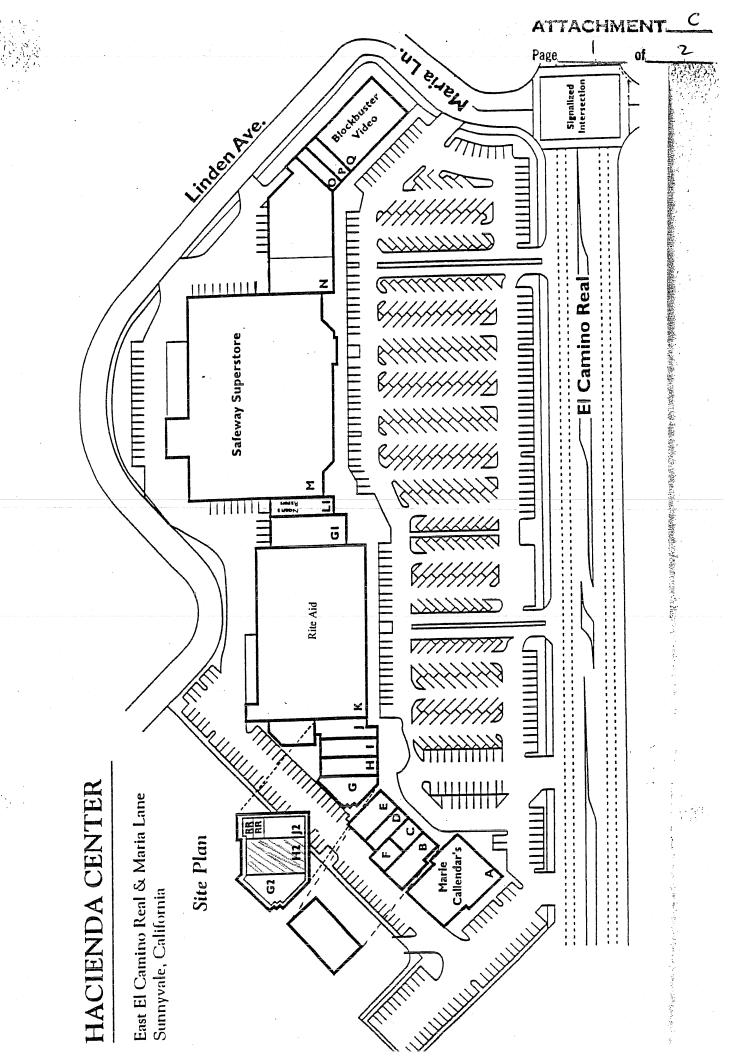
The proposed project would provide additional business opportunities in Sunnyvale.

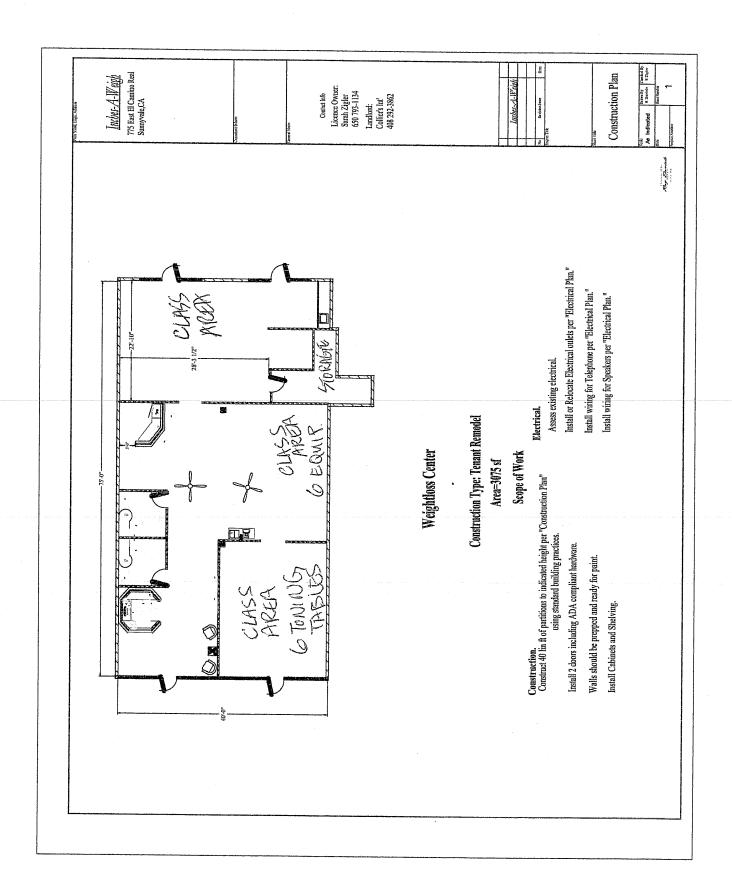
2. The proposed use ensures that the general appearance of proposed structures, or the uses to be made of the property to which the application refers, will not impair either the orderly development of, or the existing uses being made of, adjacent properties as there is expected to be minimal impact to the existing structure or to adjoining properties.

## **Conditions of Approval - Special Development Permit**

In addition to complying with all applicable City, County, State and Federal Statutes, Codes, Ordinances, Resolutions, the Permittee expressly accepts and agrees to comply with the following Conditions of Approval for this Permit.

- 1. Execute a Special Development Permit document prior to issuance of the building permit.
- 2. If not exercised, this Special Development Permit shall expire two years after the date of approval by the final review authority.
- 3. Any major use, site or architectural modifications shall be treated as an amendment of the original approval and shall be subject to approval at a public hearing before the Planning Commission. Minor changes of the approved plans may be approved by the Director of Community Development.
- 4. Hours of operation shall be limited to 7:00 a.m. to 11:30 a.m. and 3:00 p.m. to 8:00 p.m. Monday through Sunday.
- 5. The site is limited to no more than 30 persons on site at any given time, including students, instructors, staff, and retail customers.
- 6. As required by Code, the proposed uses shall comply with the requirements of the Noise Ordinance.





Inches-A-Weigh.
WEIGHT LOSS CENTERS FOR WOMEN

775 B E. El Camino Real, Sunnyvale, CA 94087

December 21, 2005

To whom it may concern:

On October 17, 2005, I took over ownership of an existing business, Inches-A-Weigh, for which Waterdog Entertainment, Inc. doing business as Inches-A-Weigh was licensed to do business in Sunnyvale. Since I have not made any changes to the operation of the business, basically the business is operated in the same manner as the previous owner, I should be granted the same type of business license as the previous owner.

Inches-A-Weigh is a weight loss center for women. We provide instruction and guidance for women with our unique 3 phase program, which is founded on the established guidelines set by the American Heart Association & Surgeon General.

- ❖ Phase 1. Nutritional Counseling (the most important phase). We provide one-on-one counseling and support with a weekly weigh-in, personalized menu planning, and behavior modification lessons & motivation. The menu plans are 90% real grocery store food that is prepared and served by the Client at the Client's home, and the remaining 10% are boxes of pre-packaged: protein bars, drink mixes, and vitamin supplements which are purchased at the center, but are consumed elsewhere. On a weekly basis, Clients turn in a weekly food diary, which the Client and our Counselors analyze together. In addition, a behavior modification lesson is given to the client each week, and our Counselors will review the lesson during the class.
- Phase 2. Figure Shaping & Toning. In this phase we instruct and guide women to tone, tighten, and firm their body, and increase their flexibility. These classes consist of a maximum of 6 women, guided by one Lifestyle Counselor. Each class will range from 45 minutes to an hour in duration. The women will spend approximately 5-6 minutes on each of the 6 toning tables as instructed and guided by the Lifestyle Counselor.
- Phase 3. Cardiovascular. In this phase we help women with their overall weight loss needs by providing instruction and guidance on improving their heart and lung efficiency. The women are encouraged to spend anywhere from 2 minutes to 20 minutes using any of the 3 different low-impact cardio equipment as instructed and guided by a Lifestyle Counselor. In the center, there are 2 bicycles, 2 treadmills, and 2 ellipticals.

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All three phases are offered by <u>appointment only</u>, and the women are always under the instruction and guidance of one of our Lifestyle Counselors. We encourage the women to attend 3 one-hour classes per week. The maximum number of clients per class is 12 women, and requires 1 to 2 staff members.

We are currently open from 7AM to 11AM, and again from 5PM to 7PM; Monday through Friday.

As an additional service for our clients, we retail nutritional supplements. These are boxes of pre-packed: protein bars, drink mixes, and vitamin supplements. The client consumes these products elsewhere, not at the center.

Thank you for your time and consideration.

Sincerely,

Kathy Ung Small, owner